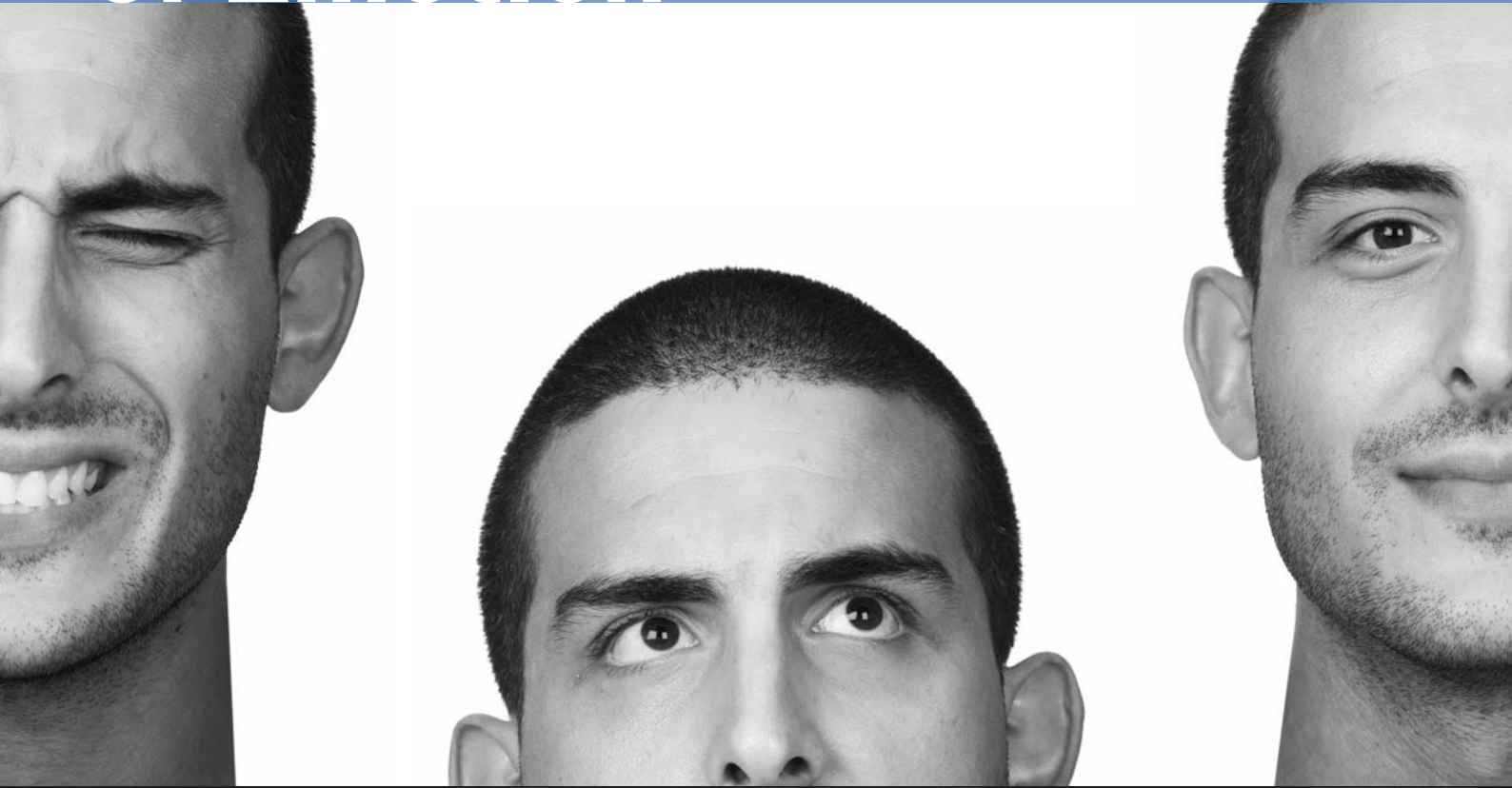


Recognising,
understanding
and dealing
with emotion

The Role of Emotion



HARD SCIENCE FOR HUMAN SKILLS

Emotion is at the core of everything we do yet it is difficult to convince people and organisations to take emotions seriously. Often this is because emotions have been viewed as vague, messy or unnecessary feelings that don't lend themselves to management science or rational rules. Emotion is a complex and pervasive issue that can radically influence and distort situations and relationships taking up valuable time, effort and resources.

Emotion is regulated by the brain but the body expresses it before the brain can mask it and people can learn to detect and recognise these micro expressions of emotion. Many courses wrongly teach participants that in order to better deal with a situation they should remove emotion from it, yet the latest research strongly disputes this. It is for these reasons that emotion is the second of the core Human Skills. This program not only focuses on the role of emotion in daily activities but also its function, triggers and discernable features.

The core learning outcomes are:

- Defining and explaining the role of emotion
- Demonstrating an understanding of the seven universal emotions
- Demonstrating an understanding of the function of the universal emotions
- Differentiating between mood, traits, emotions and psychopathology
- Detecting and recognising macro and micro expressions
- Demonstrating an ability to respond appropriately to emotion
- Demonstrating an ability to validate emotional states

Who should attend?

Anyone dealing with people where understanding and evaluating the impact of emotion would be beneficial. Practitioners who would gain an advantage from detecting, interpreting and managing their own emotions and the emotions of others.

Latest public course schedules, dates, prices and locations are posted at www.newintelligence.com.au

Private group courses are also available at fixed group rates.



New Intelligence is the Australasian partner of the US based Paul Ekman Group, the world's foremost authority on emotion and evaluating truthfulness – and Australia's only provider of Human Skills Training.

The Role of Emotion

The research on emotion is wide ranging and insightful and explains why over the next 5 years there will be a fundamental shift towards understanding and dealing with emotion. Joseph LeDoux, a neuroscientist at New York University argues that it is far easier for emotion to influence our thinking than for rational thinking to temper emotions. Antonio Damasio, a Portuguese neuroscientist working in the United States, has shown that the separate

systems we define as rationality and emotion are completely intertwined and interdependent and argues that it is impossible to make effective decisions without emotion.

Professor Paul Ekman, one of the 100 eminent Psychologists of the 20th Century, and the "father" of Emotion research has proven that emotion is consistent across all races and countries and therefore provides the only truly culturally impervious basis for human interaction. He and his

colleagues at the Paul Ekman Group have proven that emotion primes us for behaviour, physiologically, neurologically and psychologically. What is all this research talking about?

Emotion is fundamental to the way humans interact because it was designed to facilitate interaction before humans had language, writing or political correctness – it is a survival tool and this training will prepare participants to recognise, interpret and deal with emotion at all levels.

REGISTRATION FORM

Name

Organisation

Phone

Email

Address

Mobility or dietary requirements? Please Specify. Yes

Course Details

Course Date:

Course Location:

Course Price (including GST):

Cancellation Policy can be found in the Terms of Service at www.newintelligence.com.au

Payment Method

This notice will be treated as your official TAX INVOICE upon Intelligence Pty Ltd (ABN 53 117 410 670) trading as New intelligence receiving payment for your attendance at this event.

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For further information or to register contact New Intelligence

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